

# Now is the time to plan

Life often doesn't go according to plan. But that does give us the opportunity to be resilient and revise our plans to ensure that we keep moving forward. This message is particularly relevant to investment planning and ensuring that you stay on track, despite the curve balls along the way.

Read about a special individual who displays this very ethos

18-year-old gymnast Caitlin Rooskrantz reflects our organisation's ethos of building resilience and staying the course, even when faced with setbacks.

This coming Sunday 2 August, the plan was for Caitlin to compete at the 2020 Olympics in Tokyo as the first artistic gymnast to represent South Africa in 15 years. Instead, something happened (COVID-19) that no one could have planned for and as a result, the Games were postponed. Of course, this was not part of Caitlin's plan, but now is the time to be making new plans.

We get behind our Olympian

This is exactly what we do at Sanlam every day, helping people to reach their financial goals and security, despite the setbacks and unforeseen disruptions. It is also why we're committed to supporting Caitlin to still reach her goals – albeit in a different way.

She is an inspiring example for us all, of someone who has not let challenges get the better of her, but instead let them make her even better.

As financial experts, we are committed to building financial resilience and staying the course, even when our plans are disrupted. We are encouraging clients to build a new plan. That's why we're celebrating Caitlin's lifetime of dedication by live-streaming her performance on the exact date she would have executed it in Tokyo.

[Read](#) the press release or [watch](#) a short video.

You can watch this incredible event online at [nowisthetimetoplan.co.za](https://nowisthetimetoplan.co.za) on Sunday, 2 August at 10:00.

We invite you all to support our hero and celebrate the ability to forge ahead in the face of adversity.

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